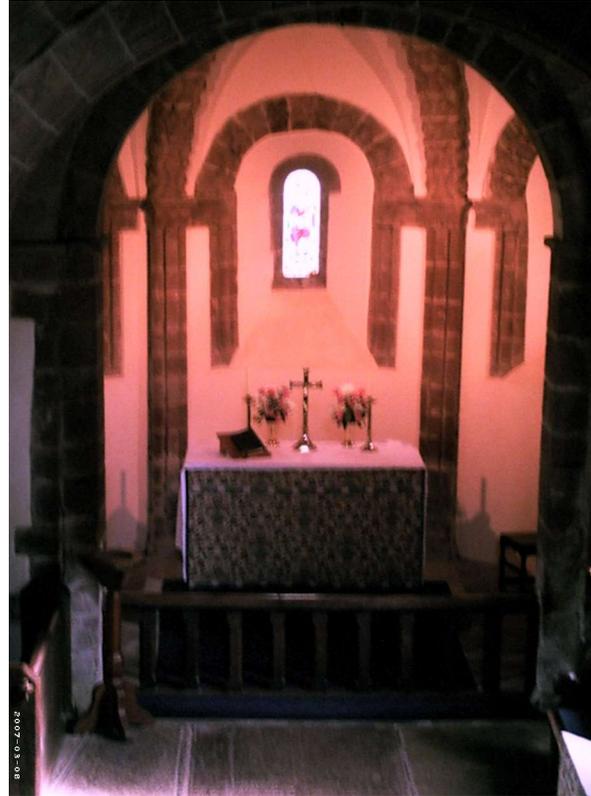
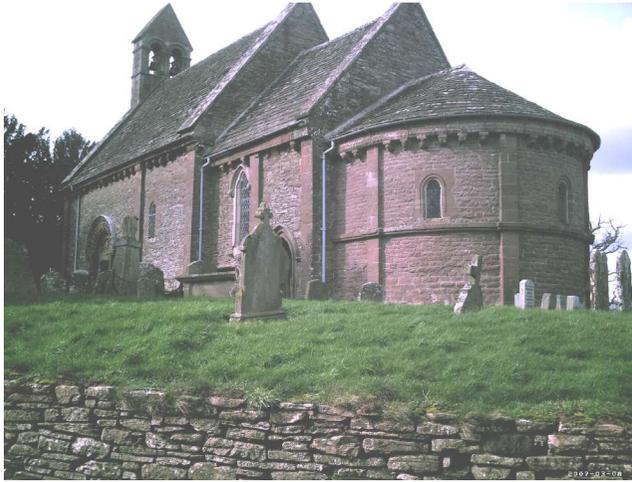


Kilpeck is a holy site, between Hereford and Abergavenny. It has been sacred for many years, and the energy is centred within the sanctuary of the Norman church.



Having been given this gift of peace, we can then move forwards with our problems, in the certain knowledge that they will not bring us down, and that we can face the future with confidence.

This is a very strong energy bringing peace. It is the peace that helps us to realise that, whatever the problem is, within the overall scheme of things there is an answer. And that this peace, this realisation, is ours for the asking.

Having attained that peace, it forms a well deep within us, which we can access at any time, whenever we have the need.



Other essences

Woodland Spirits of Buckland

Woodland spirits have the ability and willingness to help us with a wide range of spiritual or emotional problems, if we will let them.

Roydon Heath

A protection essence for light workers and healers, made on a beautiful common in Norfolk.

Love of Diana

Is appropriate for any situation where we feel sorrow at a loss - possibly a death. It enables us to reach deep into the love that exists inside and all around us, and to go forward.

Goytre

This is an essence for those who have started their spiritual journey, and are open to what awaits them. It is an opening, an enlightening essence, helping you to see the path of your spiritual journey.

Deep Strength and Peace

When you take this essence, you will feel yourself slow down, feel strength coming into you and hear what it is that you need to hear.

How do I take it?

The classical advice for taking an essence is to take a few drops from the stock bottle and make up a dosing bottle (typically 25ml) and then take 3 - 5 drops twice a day, either direct into the mouth, or into a glass of water.

However, there are many variations. I put my essences into a 500ml bottle of water and drink it during the day. Drops can be put onto the pulse points, or into the bath. Some people find they need 20 drops or more in a day.

I always encourage people to do what their intuition tells them, and not only to listen to someone else saying what they should do!

If you've got any questions, please e-mail me. Or if taking the essence has a special effect - let me know.



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Kilpeck



Vibrational Essence