

As we develop as Light Workers, we become brighter. Our individual light burns more brightly; our being becomes a beacon of light. As we move around, as we interact with people, we can be perceived as a force for good.



For some people, however, we will be perceived as a threat, either for purely personal reasons or because what we are trying to do threatens them. And, since there is evil in the world, there will be spirits that will also resent what we do. And the brighter we become, the easier it will be for them to find us.



Roydon Heath Protection Essence is there for light workers who find they are under psychic attack. This can be from people who know us, or from ill-intentioned spirits.

On occasions, the spirits will disguise their attack, so that it appears to be coming from a person, and sometimes they influence a person to attack us.



Roydon Heath is a nature reserve near King's Lynn, in Norfolk. Whilst walking there one day I was aware of the power coming from a number of trees. These were all Silver Birch. One tree in particular seemed to be the main source of this power.

I was guided to bring the power from the tree to make an essence one evening two months later, in my healing room. Because it was dark, I made the essence by candlelight, and this light is also an important part of the essence.



We have a tree, in a beautiful and peaceful area, which is acting as a source of energy, with roots going into the earth and drawing on the strength of the earth to give protection. It is working in concert with other trees around. And we have light included - the most powerful force to dispel evil.

Other essences

Woodland Spirits of Buckland

Woodland spirits have the ability and willingness to help us with a wide range of spiritual or emotional problems, if we will let them.

Love of Diana

Is appropriate for any situation where we feel sorrow at a loss - possibly a death. It enables us to reach deep into the love that exists inside and all around us, and to go forward.

Kilpeck

This is a very strong energy, bringing the peace that helps us to realise that, whatever the problem is, within the overall scheme of things there is an answer. And that this peace is ours for the asking.

Goytre

This is an essence for those who have started their spiritual journey, and are open to what awaits them. It is an opening, an enlightening essence, helping you to see the path of your spiritual journey.

Deep Strength and Peace

When you take this essence, you will feel yourself slow down, feel strength coming into you and hear what it is that you need to hear.

How do I take it?

The classical advice for taking an essence is to take a few drops from the stock bottle and make up a dosing bottle (typically 25ml) and then take 3 - 5 drops twice a day, either direct into the mouth, or into a glass of water.

However, there are many variations. I put my essences into a 500ml bottle of water and drink it during the day.

Drops can be put onto the pulse points, or into the bath.

Some people find they need 20 drops or more in a day.

I always encourage people to do what their intuition tells them, and not only to listen to someone else saying what they should do!

If you've got any questions, please e-mail me. Or if taking the essence has a special effect - let me know.



Tony Richardson

ingleside@ingleside2.plus.com
www.inglesidehealing.co.uk

Roydon Heath



Vibrational Essence